

Southern Illinois Center for a Sustainable Future, Inc.

**PRESS RELEASE**

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FOR IMMEDIATE RELEASE

**Shawnee Energy Fest Issues Call For Practitioners**

April 24, Murphysboro – Renewables and efficiency won't be the only energy topics demonstrated at the first Shawnee Energy Festival on May 2 and 3 at GreenRetreat, 3 miles west of Carbondale. People can also learn more about the energy of the human body at a Wellness Center that will be operating in one of GreenRetreat's three eco-friendly cabins.

"So far, we have at least one reiki practitioner, and also a massage therapist who will be available both days," says Liz Spees-Robinson, owner of GreenRetreat and herself a licensed acupuncturist and massage therapist. "We do have enough room in the cabin to accommodate more, and expect that a couple massage chairs or tables would easily fit on the porch."

"We welcome different types of therapists who are familiar with event-style forums," she continues, noting that the Festival Wellness Center will not be able to offer the kind of privacy of an individual appointment. Massages and other treatments will be made available to Fest goers at a blanket rate of \$1 per minute. "That way, anyone who's interested can easily afford and enjoy a 5-10 minute massage, or maybe explore a brief reiki treatment."

Any practitioners who would like to participate in Shawnee Energy Fest should contact the GreenRetreat office at 618-687-1717. Additional Festival activities include workshops and presentations on a variety of energy and environmental topics, live music, great food, a kids tent, and tours of GreenRetreat. For more information, visit [www.ShawneeEnergyFest.org](http://www.ShawneeEnergyFest.org) and [www.GreenRetreat.org](http://www.GreenRetreat.org)

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